



Stefanie Sherman

Professional Speaker | Licensed Counselor |
Leader | Entrepreneur

Stefanie Sherman is a highly-rated speaker with 6+ years of experience as a therapist, speaker and business owner, Stefanie is the founder of Venture Wellness, her private practice which works with individuals, and organizations to amplify their authenticity and empower them to become a better version of themselves and heal from toxic relationships.

Known for her engaging speaking style, her ability to connect with diverse audiences has made her a sought-after guest presenter in the global mental health community.



@venturewellnessidaho

SPEAKING TOPICS

- ✓ Narcissism and Narcissistic Abuse
- ✓ Burnout
- ✓ Anxiety and Stress
- ✓ Communication and Boundaries
- ✓ Mental Health in the Workplace
- ✓ Building Self-Identity through Bucket Lists

LET'S WORK TOGETHER

Contact me for speaking engagements, workshops, or collaboration opportunities.

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TESTIMONIALS “

“Stefanie is such an amazing and inspirational speaker and presenter. I could feel her passion for this subject and it really pushed me to identify burnout in myself and clients.”

- Jennifer H.

“I've been to Stefanie's burnout seminars in the past, and they are continuously useful” -Javin M.

“More 🙌 Stefanie 🙌 Sherman 🙌”
-Anonymous, FIRST Mentorship